



Mayo Clinic Minute: Stomach cancer in younger people

Video	Audio
	"It used to be a cancer of old age, you know, 70s and 80s. But now I'm seeing 20-, 30-, 40-year-old people with cancer."
	Dr. Travis Grotz says many younger patients with stomach cancer are being diagnosed late — when treatment is less effective.
Travis Grotz, M.D. Surgical Oncology Mayo Clinic	"And I think, unfortunately, the younger patients, they often think they had a bad meal. They think — even physicians, you know, think — that it's just reflux; they're just stressed out; they're too young to have cancer."
Grx: <ul style="list-style-type: none">• Weight loss• Reflux• Indigestion• Difficulty swallowing• Anemia	Symptoms of gastric cancer can include weight loss, reflux, indigestion, difficulty swallowing and anemia, but may be dismissed as minor issues in younger people.
	"You know, reflux and having heartburn, indigestion, gastritis, that can be normal, absolutely. But you certainly want to be aware of that and evaluate and make sure there's not something more sinister going

	on."
	As for what's causing the increase in stomach cancer among young people, Dr. Grotz says it could be a new, unknown risk factor, possibly related to food preparation or environmental factors.
	For the Mayo Clinic News Network, I'm DeeDee Stiepan.