

**Mayo Clinic Minute: What to do if you have a lump on your arm or leg**

VIDEO	AUDIO
<b>Krista Goulding, M.D.</b> <b>Orthopedic Surgery</b> <b>Mayo Clinic</b>	"Many patients will wonder: 'I have a lump on my arm or my leg. Should I have this evaluated? Who should I see, and when are these symptoms concerning?'"
	Mayo Clinic's Dr. Krista Goulding explains when you should seek medical care.
<b>Dr. Goulding</b>	"If you have a lump on your arm or your leg that is growing rapidly or is bigger than the size of a golf ball, this needs rapid attention."
	The first step in diagnosing a lump is to get advanced imaging, typically starting with a radiograph or X-ray.
<b>Dr. Goulding</b>	"The next step is to get cross-sectional imaging, which means either an MRI or a CT scan."
	Followed by a biopsy to remove a sample of tissue for testing.
<b>Dr. Goulding</b>	"And this helps our multidisciplinary team make decisions about how to treat these tumors because these tumors can be benign. They can be benign aggressive, meaning that they are not cancerous, but they can cause problems locally. And then there can be cancer diagnosis similar to sarcomas and other types of cancers that will need rapid attention."
	For the Mayo Clinic News Network, I'm Jason Howland.