

Mayo Clinic Minute: Understanding brain aneurysms and treatment options (VIDEO)

Anchor Intro	September is Brain Aneurysm Awareness Month, a time to learn more about a condition that can develop without noticeable symptoms. In the U.S., approximately 1 in 50 people may have an unruptured brain aneurysm. Understanding the condition and when treatment may be needed can be lifesaving.
	"For unruptured aneurysms, we have the ability to plan and make a decision on the best treatment upfront in a nonemergent situation."
	But when a brain aneurysm ruptures, Mayo Clinic's Dr. Chris Fox notes that prompt medical attention is required.
Chris Fox, M.D. Neurosurgery Mayo Clinic	"Typically, when we see a patient with a ruptured aneurysm, we treat it as quickly as possible. That's usually within a matter of hours because there's a risk that the aneurysm can rerupture."
	Symptoms of a ruptured aneurysm can include severe head pain, nausea, vomiting, confusion, and loss of consciousness.
	"The classic presentation for a ruptured aneurysm is a patient has the worst headache of their life."

	They are more common in women, and there may be a genetic component because aneurysms can run in families.
	"But smoking and hypertension are two of the biggest risk factors for causing an aneurysm or having an aneurysm form."
	For the Mayo Clinic News Network, I'm Alex Osiadacz.